

# Clinical Wisdom: A Comprehensive Guide to Working with Individuals, Groups, and Couples

By [Author's Name]

Clinical Wisdom is a comprehensive guide to working with individuals, groups, and couples. This book provides evidence-based practices and clinical insights for a wide range of mental health issues.

This book is divided into three sections. The first section covers working with individuals. This section includes chapters on assessment, diagnosis, treatment planning, and psychotherapy. The second section covers working with groups. This section includes chapters on group dynamics, group therapy, and group work with specific populations. The third section covers working with couples. This section includes chapters on couple assessment, couple therapy, and couple work with specific issues.



## Addressing Challenging Moments in Psychotherapy: Clinical Wisdom for Working with Individuals, Groups and Couples (The New International Library of Group Analysis) by Jerome S. Gans

★★★★★ 5 out of 5

Language : English  
File size : 4020 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 140 pages  
Screen Reader : Supported



Clinical Wisdom is an essential resource for mental health professionals. This book provides a wealth of information on evidence-based practices and clinical insights.

## **What's Inside?**

Clinical Wisdom covers a wide range of topics, including:

- Assessment and diagnosis
- Treatment planning
- Psychotherapy
- Group dynamics
- Group therapy
- Group work with specific populations
- Couple assessment
- Couple therapy
- Couple work with specific issues

## **Who Should Read This Book?**

Clinical Wisdom is an essential resource for mental health professionals, including:

- Psychologists

- Social workers
- Counselors
- Therapists

## About the Author

[Author's Name] is a licensed clinical psychologist with over 20 years of experience working with individuals, groups, and couples. She is the author of several books and articles on mental health.

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