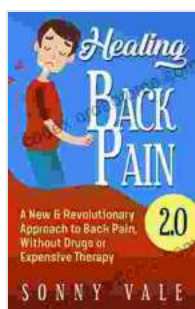


New Revolutionary Approach To Back Pain Without Drugs Or Expensive Therapy

Are you suffering from back pain? Have you tried everything to relieve your pain, but nothing seems to work? If so, then you need to read this article. I'm going to share with you a new revolutionary approach to back pain that is drug-free and affordable.



Healing Back Pain 2.0 (Fix Back Pain in Lower Right): A New & Revolutionary Approach to Back Pain, Without Drugs or Expensive Therapy (Sonny Vale Book 4)

by Kenneth Kee

★★★★☆ 4 out of 5

Language : English
File size : 7368 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 146 pages
Lending : Enabled



This new approach is called the Back Pain Revolution. It was developed by Dr. John Sarno, a world-renowned expert on back pain. Dr. Sarno's approach is based on the belief that back pain is caused by repressed emotions, not structural problems.

Dr. Sarno's research has shown that people who suffer from back pain often have a history of trauma, abuse, or neglect. These experiences can lead to the development of subconscious beliefs that the body is dangerous or that the person is not worthy of love. These beliefs can then manifest as physical pain.

The Back Pain Revolution is a mind-body approach to pain relief. It teaches patients how to identify and release the repressed emotions that are causing their pain. Once these emotions are released, the pain will often disappear.

The Back Pain Revolution has been shown to be effective in treating a wide range of back pain conditions, including:

- Acute back pain
- Chronic back pain
- Sciatica
- Herniated discs
- Spinal stenosis

If you are suffering from back pain, I urge you to give the Back Pain Revolution a try. It is a safe and effective approach to pain relief that can help you to get your life back.

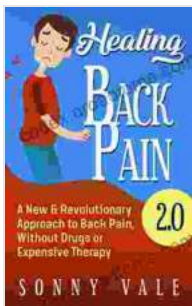
Here is a summary of the key principles of the Back Pain Revolution:

1. Back pain is caused by repressed emotions, not structural problems.
2. The body is not dangerous. It is a safe and supportive environment.

3. You are worthy of love and respect.
4. You can heal yourself from back pain by releasing repressed emotions.

If you are ready to start your journey to back pain freedom, I encourage you to Free Download a copy of Dr. Sarno's book, Healing Back Pain: The Mind-Body Connection. This book will teach you everything you need to know about the Back Pain Revolution.

You can also find more information about the Back Pain Revolution on Dr. Sarno's website: www.drjohnesarno.com.



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