

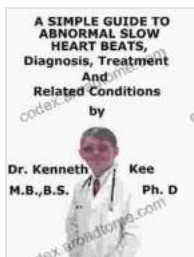
Simple Guide to Abnormal Slow Heart Beats: Diagnosis, Treatment, and Related Conditions

What are abnormal slow heart beats?

Abnormal slow heart beats, also known as bradycardia, occur when the heart rate drops below 60 beats per minute. This can be a normal finding in some people, such as athletes or those who are taking certain medications. However, bradycardia can also be a sign of an underlying medical condition, such as a heart block or a thyroid disorder.

Symptoms of abnormal slow heart beats

The symptoms of bradycardia can vary depending on the severity of the condition. Some people may not experience any symptoms at all, while others may experience:



A Simple Guide To Abnormal Slow Heart Beats, Diagnosis, Treatment And Related Conditions

by Kenneth Kee

★★★★☆ 4.1 out of 5

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Enhanced typesetting : Enabled
Word Wise : Enabled
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- Fatigue
- Lightheadedness
- Dizziness
- Fainting
- Chest pain
- Shortness of breath

Causes of abnormal slow heart beats

There are many different causes of bradycardia, including:

- Heart block
- Thyroid dysfunction
- Medications
- Electrolyte imbalance
- Sepsis
- Hypothermia

Diagnosis of abnormal slow heart beats

The diagnosis of bradycardia is made based on a physical examination and a review of your medical history. Your doctor may also perform an electrocardiogram (ECG) to measure your heart rate and rhythm. Other tests that may be used to diagnose bradycardia include:

- Holter monitor

- Event recorder Download
- Electrophysiological study

Treatment of abnormal slow heart beats

The treatment of bradycardia depends on the underlying cause. If your bradycardia is caused by a heart block, you may need to have a pacemaker implanted. If your bradycardia is caused by a thyroid disorder, you may need to take medication to treat the disorder. Other treatments for bradycardia include:

- Medications
- Lifestyle changes
- Surgery

Related conditions

Bradycardia can be associated with a number of other conditions, including:

- Heart failure
- Cardiomyopathy
- Sick sinus syndrome
- Vasovagal syncope

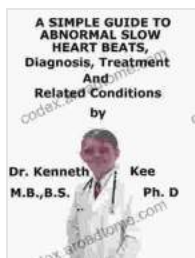
Outlook for abnormal slow heart beats

The outlook for bradycardia depends on the underlying cause and the severity of the condition. With proper treatment, most people with

bradycardia can live a long and healthy life.

References

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