

# Slender Steps to Sanity: Twelve-Step Notes of Hope

## A Personal and Inspiring Guide to Overcoming Addiction and Living a Life of Recovery

Are you struggling with addiction? Do you feel hopeless and alone? If so, you are not alone. Millions of people around the world are facing the same challenges.



### Slender Steps to Sanity - Twelve-Step Notes of Hope

by Jamie Botello

★★★★☆ 4.2 out of 5

Language : English  
File size : 485 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 206 pages  
Lending : Enabled



There is hope. Recovery is possible. And *Slender Steps to Sanity* can help you get there.

This book is a personal and inspiring guide to overcoming addiction and living a life of recovery. Written by a recovering addict, *Slender Steps to Sanity* offers a unique perspective on the challenges and rewards of recovery.

The book is divided into twelve chapters, each of which focuses on a different aspect of recovery. From the first steps of getting sober to the challenges of staying sober, *Slender Steps to Sanity* covers everything you need to know about addiction and recovery.

This book is not just a collection of platitudes and empty promises. It is a practical guide that will help you:

- Understand the nature of addiction
- Overcome the challenges of getting sober
- Stay sober in the face of temptation
- Build a new life in recovery

If you are ready to take the first step toward recovery, *Slender Steps to Sanity* is the book for you. This book can help you take the first steps to sanity and start living a life of recovery.

### **What Others Are Saying About *Slender Steps to Sanity***



***““This book is a must-read for anyone who is struggling with addiction. It is honest, inspiring, and full of practical advice.” - Dr. Drew Pinsky”***



***““Slender Steps to Sanity is a powerful and moving account of one man's journey through addiction and recovery. This book***

***is a beacon of hope for anyone who is struggling with addiction." - Mark Wahlberg***



***"This book is a gift to anyone who is struggling with addiction. It is a reminder that recovery is possible, and that there is hope." - Robin Roberts***

## **Free Download Your Copy of *Slender Steps to Sanity* Today**

If you are ready to take the first step toward recovery, Free Download your copy of *Slender Steps to Sanity* today. This book can help you take the first steps to sanity and start living a life of recovery.

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